



[www.ontariowomenslacrosse.com](http://www.ontariowomenslacrosse.com)

## 2008 Provincial Team Program

Open Tryouts to be held on the following dates:

Date	Location	Time	Directions
Saturday April 12 <sup>th</sup>	ACTS, Orangeville	1:00 – 4:00 pm	<a href="http://www.actsathletics.com">www.actsathletics.com</a>
Sunday April 27 <sup>th</sup>	University of Guelph, Athletic Dome	1:00 – 4:00 pm	Located beside the <a href="http://www.wfmitchellathletic.com">W.F. Mitchell Athletic</a> Center on U. of G campus <a href="http://www.athletics.uoguelph.ca">www.athletics.uoguelph.ca</a>
Sunday May 4 <sup>th</sup>	TBD	1:00 – 4:00 pm	TBD

Requirements:

1. Open to those with High School Grad years 2009+, Minimum age = 13  
Grandfathered: 2008 Grads involved with the program in the past
2. Athletes must attend ALL 3 tryouts to be considered for selection.  
Questions / concerns regarding this should be addressed to:  
[roxcalcurtis@rogers.com](mailto:roxcalcurtis@rogers.com)  
Subject line = Team Ontario Tryouts – question
3. Athletes must be registered with their home association and bring a photocopy (front / back) of their 2007 OLA Registration form to the first tryout in order to participate.
4. Tryout Fee (covers all three) = \$60 [includes t-shirt]  
No advance registration necessary, bring money with you to tryouts.
5. Fitness testing will be done at each of these camps; in order to adequately prepare for this athletes are encouraged to follow the Pre-Season Training Program posted on our webpage. Types of fitness testing also outlined there.

First Official Team Practice will take place:

Saturday May 24 <sup>th</sup>	Orillia	TBD, following League game play	
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# **Schedule of Events for Team ONTARIO:**

**June 13 – 15 2008**      **All American Showcase / Champions Cup**  
United Sports Training Center  
Downingtown, PA

*Possibly: June 26- June 29, 2008*  
**Golden Goal Lacrosse Camp & Tournament**

**July 17 – 20 2008**      **All Star Express**  
Kent Island  
Annapolis, Maryland

**July 25 – 27 2008**      **OWL International**  
Civic Fields  
Oshawa, Ontario

*Possibly: July 29, 30*      **Virginia Tech Camp**  
Hosted at UOIT, Oshawa